Disability Awareness for Children

Information Pack

Included in this pack
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- Class resources by Key Stage and subject
- Disability Awareness
- Information on Different Conditions
- Accessible Communications
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- Entertainment, Leisure, Sport & Retail
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Introduction

If you work with children and would like support raising awareness of disability amongst children, there are many resources available online to support you. This information pack provides links to information, activities and videos that are appropriate for use with children.

This is a series of resources that can be used in the classroom by teachers or teaching assistants. It includes resources that range from general disability awareness materials to materials that are specific to certain key stages and subjects.

The resources in the section about Disability Hate Crime can be used in class discussions around bullying and should provide helpful insights into this issue.

We hope that you find this pack useful.
General guidance

This section provides resources that provide materials for general disability awareness sessions. They are either relevant to teachers and teaching assistants, or can be used to deliver sessions to children.

The Sky Badger Schools Awards include a series of lessons and games specially designed to help pupils develop empathy, rather than sympathy, for children with disabilities, illnesses, and special educational needs. The classroom activities are designed for 4-11 year olds and range in duration from 30 minutes to whole-day events. Afterwards, school’s efforts are rewarded with a Bronze, Silver or Gold Sky Badger Awards certificate: the more lessons and games completed, the bigger the award.

The 'Are We Nearly There Yet' leaflet, pages 1 & 4 pages 2 & 3, provides advice to secondary schools on how to ensure that they are fully accessible. This leaflet was produced in light of a survey of 100 wheelchair using school students in 2001. The survey revealed a lack of access and disability equality experienced by the students. For the full report email Eleni Burgess, eleni.burgess@googlemail.com. Anticipate paying £4 including postage. The Disability Equality In the Classroom - A Human Rights Issue handbook for teachers compiles some of the best thinking by disabled people about our history, current issues, language, images, and culture. The last section of the handbook includes ideas about how to bring disability into the classroom as an issue of equality.

The 'Disability Equality: promoting positive attitudes through the teaching of the national curriculum' research paper was produced by the Children’s Society 2009 and makes for interesting reading. The Altogether Better pack contains a booklet and video which explains clearly why it is important to educate disabled children in mainstream schools. It includes useful graphics, cartoons and arguments for inclusive education. The film clips can be used in classes.

Scope has a number of classroom resources to download for primary school teachers. Resources include:
- Key stage 1 for educators supporting inclusion of disabled children.
- Imagine the Difference – diversity teaching resource
- Help children at Key Stages 1 and 2 understand that every human being is different, and that difference is a positive thing.

The Cromwell Center has developed a video showing a filmed session about inclusion. The video builds on the Cromwell Center’s experiences working with people with all kinds of disabilities – learning, behavioral, emotional, developmental, and physical. By working with children they aim to raise levels of respect, acceptance and opportunity to create safer, more inclusive classrooms for everyone.

This Primary School presentation package could count towards the Personal and Social Education (PSE) Area of Learning (or PHSE in England*). It
intends to encourage children to become personally, emotionally and socially effective and to be confident in their relationships with the disabled. It also helps to them develop a greater understanding of their place in the community and of its interdependent nature. All school sessions have a strong focus on tackling the issues surrounding bullying. Ongoing support and mentoring can be provided where required.

**Sainsbury’s Active Kids for All Inclusive PE Training** is a Paralympic legacy initiative that provides free training and resources to teachers, trainee teachers and other school staff. The programme is designed to support PE teachers in mainstream schools to include young disabled people within the PE curriculum. Resources for Northern Ireland, Scotland or Wales, please click [here](#). You can also contact AK4A@efds.co.uk.

**Bournemouth University** has a range of Seen But Seldom Heard videos available to view on their [YouTube channel](#). As well as a short ‘taster’ of the Seen but Seldom Heard documentary which can be seen [here](#) using YouTube.

**Seen But Seldom Heard E-Learning Tool**
The ‘Seen but Seldom Heard’ e-learning tool can be used in secondary schools, colleges and youth work settings to explore issues related to disability, discrimination and inclusion. It can also be used for teacher training. The aim is for the tool to be facilitated by a tutor/teacher, who may use particular sections or the tool as a whole. Subjects and issues covered include:- discrimination, media representations, stereotypes, identity, politics and social dimensions of inclusion and participation. In particular, the tool can make a valuable contribution to the national curriculum citizenship programmes of study for key stages 3 and 4, as well as discussions of disability within the context of the study of English Literature, Sociology and Drama and Performance Arts.

**Interactive PDF**

**Plain Word**
Resources By Key Stage and Subject

This section provides a range of resources that can be used in the classroom to include discussion of disability. Where resources are relevant to particular subject areas, this has been highlighted.

Key stage 1/EYFS

This Teacher’s Guide is full of activities that can be used in class. They can also be used in KS2 classes. Topics covered include how to discuss disability, representations of disabled people in stories and stereotypes.

Enhance the Uk workshops for children in Key stage 1 are unique in that they allow children to think about similarities and differences between each other as well as people with disabilities. Children have the opportunity to recognise that people with disabilities are similar to themselves in many ways and value the differences that people with disabilities may have. They have an opportunity to engage with the trainers and ask questions about their disabilities. The ethos of the workshop is supportive and inclusive.

Key Stage 2–4

You can download videos from Altogether Better for use in key stage 2–4 by chapter below:

Preview  download
- The Full Story  download
- The History  download
- Trying to Change  download
- Media Portrayal  download
- Daily Discrimination  download
- Civil Rights  download
- Inclusion in Schools  download
- What does it Take?  download
- Break down the Wall  download

Key Stage 3-4

Resources for Secondary English

- Poems with a disability focus.  download
- English Work in KS3 and KS4.  download
- Examples in the news.  download
- Hacked Off – A Journalist’s guide to disability.  download
- Stereotypes – Defying stereotypes: the way forward.  download

Resources for Secondary Maths

- Maths Activities on Disability and Employment in the United Kingdom.
- Disability and employment statistics.
- Factsheet – Employment.
- Disability and employment statistics definitions.
- Data and Information on Disability and Employment in United Kingdom.

Resources for Secondary History

UK Disability History Month
Does it Matter - In this series of short films, five contemporary disabled artists in collaboration with Mind the Gap present warm and witty perspectives on war and disability. They offer unorthodox takes on the legacies of war and disability in Britain today, taking inspiration from Siegfried Sassoon’s 1917 poem Does It Matter?

Resources for Secondary Citizenship

World of Inclusion
Everybody is Welcome Here - Secondary Disability Equality in Practice. A poster campaign for secondary schools.
Free Up Your Life - A project to explore how disabled young people feel about themselves and how they should make sense of living their lives as disabled people.

Alfie
Snapshots of Possibility - Inclusive Education is based on a dream in which all children are given the safety to develop into whole human beings, work/play co-operatively, act powerfully within their communities and as world citizens. This book shows that many mainstream nurseries, schools and colleges are changing and developing their practice to begin to make this dream a reality.

Scope
Imagine the difference – diversity teaching recourse A tool to help children understand that every human being is different, and that difference is a positive thing.

Speaking for Ourselves - These lesson plans will help support classroom discussion of diversity and the social model of disability.
**British Red Cross**

**Challenging Stereotypes** - A set of 10 stereotyped people to give to pairs/groups, who then order them in terms of who they'd most/least like to invite to speak to a class. Set of 5 for giving out later reveals that there are 5, not 10 people - all real, but described in ways likely to make them sound both more/less appealing.

**Disability Hate Crimes and the Crown Prosecution Service**

**Guidance for Teachers** provides lesson plans related to raising disability awareness. It also provides a step-by-step guide to delivering the lessons.

**Enhance the UK** work with a group of children aged 8-13 years old. The video in this link is a montage of a day of Disability awareness with kids aged 8-13, and shows just how engaged they were with it.

**World of Inclusion** have available a number of resources to help raise disability in the secondary curriculum. It comprises of a web-based resource for schools and teachers compiled by Richard Rieser.

**International Paralympic Committee**

**Paralympic School Day** - Paralympic School Day is an IPC educational programme that aims to create awareness and understanding in schools about persons with an impairment. A Paralympic School Day kit contains activities and background information, which can be used to educate children and youth about Paralympic sport, individual differences and disability issues in a fun and playful environment.

**Below you can download some further materials below:**
- Disabled People who have made a Difference. [download](#)
- Impairment, Barriers and Solutions. [download](#)
- Language and Terminology. [download](#)
- Making Sense of Disability. [download](#)
- Resources to Promote Disability Equality in the Curriculum. [download](#)
- Understanding Disability – The Social Model of Disability and Human Rights. [download](#)
- Ways of Promoting Positive Attitudes Toward Disabled People For Pupils. [download](#)
- When part of your body does not work KS2. [download](#)

**Current Attitudes towards disabled people** – This document contains research by Scope, including recommendations from disabled people about the positive changes that would make important differences to various areas of their lives.

**Kidz Aware**

**Disability and Equality Awareness Programme** - The children talk about what disabilities they are aware of and difficulties a disabled person may have; this is followed by Sabrina, who is disabled, talking about her disabilities and the barriers she faces. This is followed by true life scenarios that the children can role play; these scenarios address the experiences of disabled people,
discrimination and ‘what if’ situations so that the young people can share their experiences and advice for others.

**The National Autistic Society**

**Bullying and Autism Spectrum Disorders** – A guide for school staff - Helps people to understand why people with Autism experience bullying, and provides strategies/ideas for promoting understanding of ASDs among staff and pupils - tackling and reducing bullying incidents and supporting pupils with an ASD who have been bullied.

**DRUK online factsheets** – Providing basic information about benefits, tax credits, social care and other disability related issues for claimants and advisers. Other guidance can also be purchased from their website.

**Making your event accessible for everybody!** – This takes you to a copy of the Kids Inclusion Guidance and Action Checklist for Community Events. Produced to help you include disabled young people in community events.

**Include me TOO – music video** – This video can be used to raise awareness of disability and promote positive attitudes and respect towards disabled people.

**Mind Online Information & support** – This provides information on mental health conditions, treatment options and other practical issues.

**Supporting parents** – This is a centre for parent information and resources.

**The Disability Museum** – This organisation fosters research and study about the historical experiences of disabled people and their communities.

A film called “Inclusive” has just been launched (20/9/15) by Microsoft Design. It is 20 minutes, and looks at using inclusive design to make and share examples from the physical and digital worlds.

**Information about incontinence** can be found on the The Cystitis & Overactive bladder foundation website.
Information on Different Conditions

Contact a Family has a large database of different conditions. Sky Badger Children’s medical conditions, side effects & information. Great Ormond Street Hospital Read hundreds of information sheets on conditions and treatments.

Accessible Communications

Accessible Communications formats – This link will take you to the online Gov.uk guidance. Creating accessible Microsoft Word documents pdf guide. – This guide was developed and published by the Office for Disability issues to support people wishing to make their written materials more accessible. Social Care Jargon Buster pdf guide – This guide lists 52 of the most commonly used social care words and phrases and what they mean, as commissioned by Think Local Act Personal and undertaken by the Social Care Institute for Excellence (SCIE).

Disability Hate Crime

I am Scotland – This highlights an organisation working in partnership with Police Scotland to raise awareness of Disability Hate Crime. Disability Hate Crime Network – There are a number of online resources and links available through the network. Radar guidance on disability hate crime – This provides resources developed by Disability Rights UK in partnership with the Office for Disability Issues, ACPO and partners.

Entertainment, Leisure, Sport & Retail

The Inclusive and Accessible Stadia Report and supplementary guidance were launched by the Ministers for Disabled People (Justin Tomlinson MP) and for Sport, Tourism and Heritage (Tracey Crouch MP) on 16th September 2015.

Be an inclusive tennis venue – New guidance about inclusive tennis including the accessibility of facilities.

Making your holiday home accessible – This chart explains the benefits for holiday home owners in improving their property and making it more accessible.
Inclusive Fitness Initiative – Use this website to find details of over 400 accredited gym facilities, which are accessible to disabled people across the country. Search it for your local facility.

Sports participation opportunities – This website provides an online search for many activities in all sorts of sports, at lots of locations.

Sainsbury’s Active Kids for All Inclusive Community Training – This web page provides information on this training initiative, which seeks to improve confidence in delivering sports based activities to disabled people.

Sainsbury’s Active Kids for All Inclusive PE – This site provides information about free training and resources to help teachers and school staff learn how to provide high-quality PE for all young people.

Access for all: EFDS inclusive communications guide – The English Federation of Disability Sport produced a guide to inclusive communications, in partnership with Big Voice Communications which can be downloaded for free. It supports providers to reach a wider audience, including more disabled people.

EFDS Inclusion Club Hub – This hub is a free online tool for sports clubs. You can use it to access a free report on your club and gather information on how to improve your activities for disabled people.

Being Active: Guide to support inactive disabled people to enjoy a more active lifestyle – This guide developed by the English Federation of Disability Sport in partnership with Disability Rights UK, can be downloaded for free in accessible PDF and EasyRead here. It provides information to disabled people, so they have control over where, what and how they can start being active.
This information pack has been developed by the Disability Action Alliance project group ‘Raising Disability Awareness amongst Children’ and was published November 2015. This project is led by Naomi Marek of Sky Badger.

Other project members are:

The Disability Action Alliance is an alliance of organisations with an interest or specialist knowledge in disability.