



COMMUNITY CLUBS

multi-sports sessions for all disabled people aged 11 to adults



WEST REGION CLUBS

Club Brent

Saturday | 2pm - 5pm
Willesden Sports
Centre - NW10 3QX
£6

Club K & C

Saturday | 12am - 2pm
Kensington Leisure
Centre - W10 6EX
£2

Club Hillingdon

Saturday | 11am - 1pm
Botwell Leisure
Centre - UB3 2HW
£2

Club Westminster

Thursday | 4pm - 6pm
Little Venice Sports
Centre - W2 1ND
£1

EAST REGION CLUBS

Club Islington

Saturday | 11am - 1pm
Sobell Leisure Centre
N7 7NY
£3

Club Hackney

Thursday | 11am - 12:30pm
Queensbridge Leisure
Centre - E8 3XW
£2.50

Club Tower Hamlets

Thursday | 5:30pm - 7pm
Mile End Park Leisure
Centre E3 4HL
£1

SOUTH REGION CLUBS

Club Lambeth

Tuesday | 4:30pm - 6pm
Brixton Recreation
Centre - SW9 8Q
£2

Club Southwark

Saturday | 2:30pm - 4pm
The Castle Leisure
Centre - SE1 6QS
£2

Club Sutton

Saturday | 11am - 12:30pm
David Weir Leisure
Centre - SM5 1SL
£2.50

Club Wandsworth

Tuesday | 4:30pm - 6pm
Caius House Youth
Centre - SW11 3RL
£2

WEEKLY TERM-TIME

SESSIONS

SEPT 2016-JULY 2017



COME JOIN IN THE FUN!

For more information:

clubs@disabilitysportscoach.co.uk

www.disabilitysportscoach.co.uk

+44 (0) 20 7021 0973

**New dance & golf sessions
added in 2016 / 17**



LOTTERY FUNDED

